Academic Development

- Effective learning in school and across the life span
- Academic preparation for post-secondary options
- Relationships of academics, work, family, and community life

Career Development

- Investigations of the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationships of personal qualities, education, training, and work

Personal/Social Development

- Interpersonal skills to respect self and others
- Decision making, setting goals, and taking action to achieve goals
- Understanding everyday safety and survival skills

Contact Information

Local

State

Janice Kuhl, School Counseling Consultant
Iowa Department of Education
janice.kuhl@iowa.gov, 515-281-3552

Iowa School Counselor Association (ISCA)
www.iowaschoolcounselors.org

Iowa Area Education Agencies
www.iowaaea.org

National

American School Counselor Association(ASCA)
National Model for School Counseling
www.schoolcounselor.org

American Counseling Association (ACA)
www.counseling.org

Iowa School Counseling Programs

Endorsed by:
Iowa Department of Education
Iowa School Counselor Association

University of Northern Iowa
University of Iowa • Drake University
Buena Vista University
Graduate Programs

Who are Iowa Professional School Counselors?

Professionals with a…

- Master's degree in school counseling
- License from the Iowa Board of Educational Examiners

Professionals who…

- Demonstrate school counseling knowledge and skills
- Provide a critical link to student success

What Do Professional School Counselors Do?

- Manage K-12 articulated comprehensive school counseling programs as defined by the American School Counselor Association (ASCA) model and the Iowa School Counseling Guide
- Teach, monitor, and plan interventions for increased achievement of all K-12 students
- Provide leadership to accomplish the district's mission and school improvement plans
- Report and interpret student results in achievement, attendance, and behavior

How are School Counseling Programs Delivered?

Curriculum

Lessons designed for achievement of knowledge, attitude, and skills in academic and career success and personal/social development

- K-12 classroom instruction
- Standards-based lessons
- Interdisciplinary curriculum
- Group activities
- Family workshops

Individual Student Planning

Individual student planning helps personalize education for all students

- Career counseling and curriculum
- Career/occupation information
- Financial aid information
- Work-based learning opportunities
- Academic goals
- 21st century workplace skills
- Comprehensive transition planning and support
- Individual student core curriculum plan

Responsive Services

A plan that meets the immediate needs of students

- Individual and small group counseling
- Crisis counseling/response
- Consultation
- Referrals for students and families
- Peer facilitation

System Support

Activities that establish, maintain, and enhance the Comprehensive School Counseling Program.

- Professional development
- Consultation, collaboration, and teaming
- School improvement involvement
- Data gathering and interpretation
- Family involvement
- Community outreach

Individual and Small Group Counseling Address Academic, Career, and Personal/Social Issues.